

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 1<br/>Zeit</b> |
| 31.01.2023   | 11:35 - 12:00            |
| 07.02.2023   | 09:15 - 09:50            |
| 14.02.2023   | 09:50 - 10:25            |
| 21.02.2023   | 10:25 - 11:00            |
| 28.02.2023   | 11:00 - 11:35            |
| 07.03.2023   | 11:35 - 12:00            |
| 14.03.2023   | 09:15 - 09:50            |
| 21.03.2023   | 09:50 - 10:25            |
| 28.03.2023   | 10:25 - 11:00            |
| 04.04.2023   | 11:00 - 11:35            |
| 11.04.2023   | 11:35 - 12:00            |
| 18.04.2023   | 09:15 - 09:50            |
| 25.04.2023   | 09:50 - 10:25            |
| 02.05.2023   | 10:25 - 11:00            |
| 09.05.2023   | 11:00 - 11:35            |
| 16.05.2023   | 11:35 - 12:00            |
| 23.05.2023   | 09:15 - 09:50            |
| 30.05.2023   | 09:50 - 10:25            |
| 06.06.2023   | 10:25 - 11:00            |
| 13.06.2023   | 11:00 - 11:35            |
| 20.06.2023   | 11:35 - 12:00            |
| 27.06.2023   | 09:15 - 09:50            |
| 04.07.2023   | 09:50 - 10:25            |
| 11.07.2023   | 10:25 - 11:00            |
| 18.07.2023   | 11:00 - 11:35            |
| 25.07.2023   | 11:35 - 12:00            |
| 01.08.2023   | 09:15 - 09:50            |
| 08.08.2023   | 09:50 - 10:25            |
| 15.08.2023   | 10:25 - 11:00            |
| 22.08.2023   | 11:00 - 11:35            |
| 29.08.2023   | 11:35 - 12:00            |
| 05.09.2023   | 09:15 - 09:50            |
| 12.09.2023   | 09:50 - 10:25            |
| 19.09.2023   | 10:25 - 11:00            |
| 26.09.2023   | 11:00 - 11:35            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 09:15 - 09:50            |
| 17.10.2023   | 09:50 - 10:25            |
| 24.10.2023   | 10:25 - 11:00            |
| 31.10.2023   | 11:00 - 11:35            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 2<br/>Zeit</b> |
| 31.01.2023   | 09:15 - 09:50            |
| 07.02.2023   | 09:50 - 10:25            |
| 14.02.2023   | 10:25 - 11:00            |
| 21.02.2023   | 11:00 - 11:35            |
| 28.02.2023   | 11:35 - 12:00            |
| 07.03.2023   | 09:15 - 09:50            |
| 14.03.2023   | 09:50 - 10:25            |
| 21.03.2023   | 10:25 - 11:00            |
| 28.03.2023   | 11:00 - 11:35            |
| 04.04.2023   | 11:35 - 12:00            |
| 11.04.2023   | 09:15 - 09:50            |
| 18.04.2023   | 09:50 - 10:25            |
| 25.04.2023   | 10:25 - 11:00            |
| 02.05.2023   | 11:00 - 11:35            |
| 09.05.2023   | 11:35 - 12:00            |
| 16.05.2023   | 09:15 - 09:50            |
| 23.05.2023   | 09:50 - 10:25            |
| 30.05.2023   | 10:25 - 11:00            |
| 06.06.2023   | 11:00 - 11:35            |
| 13.06.2023   | 11:35 - 12:00            |
| 20.06.2023   | 09:15 - 09:50            |
| 27.06.2023   | 09:50 - 10:25            |
| 04.07.2023   | 10:25 - 11:00            |
| 11.07.2023   | 11:00 - 11:35            |
| 18.07.2023   | 11:35 - 12:00            |
| 25.07.2023   | 09:15 - 09:50            |
| 01.08.2023   | 09:50 - 10:25            |
| 08.08.2023   | 10:25 - 11:00            |
| 15.08.2023   | 11:00 - 11:35            |
| 22.08.2023   | 11:35 - 12:00            |
| 29.08.2023   | 09:15 - 09:50            |
| 05.09.2023   | 09:50 - 10:25            |
| 12.09.2023   | 10:25 - 11:00            |
| 19.09.2023   | 11:00 - 11:35            |
| 26.09.2023   | 11:35 - 12:00            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 09:50 - 10:25            |
| 17.10.2023   | 10:25 - 11:00            |
| 24.10.2023   | 11:00 - 11:35            |
| 31.10.2023   | 11:35 - 12:00            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 3<br/>Zeit</b> |
| 31.01.2023   | 09:50 - 10:25            |
| 07.02.2023   | 10:25 - 11:00            |
| 14.02.2023   | 11:00 - 11:35            |
| 21.02.2023   | 11:35 - 12:00            |
| 28.02.2023   | 09:15 - 09:50            |
| 07.03.2023   | 09:50 - 10:25            |
| 14.03.2023   | 10:25 - 11:00            |
| 21.03.2023   | 11:00 - 11:35            |
| 28.03.2023   | 11:35 - 12:00            |
| 04.04.2023   | 09:15 - 09:50            |
| 11.04.2023   | 09:50 - 10:25            |
| 18.04.2023   | 10:25 - 11:00            |
| 25.04.2023   | 11:00 - 11:35            |
| 02.05.2023   | 11:35 - 12:00            |
| 09.05.2023   | 09:15 - 09:50            |
| 16.05.2023   | 09:50 - 10:25            |
| 23.05.2023   | 10:25 - 11:00            |
| 30.05.2023   | 11:00 - 11:35            |
| 06.06.2023   | 11:35 - 12:00            |
| 13.06.2023   | 09:15 - 09:50            |
| 20.06.2023   | 09:50 - 10:25            |
| 27.06.2023   | 10:25 - 11:00            |
| 04.07.2023   | 11:00 - 11:35            |
| 11.07.2023   | 11:35 - 12:00            |
| 18.07.2023   | 09:15 - 09:50            |
| 25.07.2023   | 09:50 - 10:25            |
| 01.08.2023   | 10:25 - 11:00            |
| 08.08.2023   | 11:00 - 11:35            |
| 15.08.2023   | 11:35 - 12:00            |
| 22.08.2023   | 09:15 - 09:50            |
| 29.08.2023   | 09:50 - 10:25            |
| 05.09.2023   | 10:25 - 11:00            |
| 12.09.2023   | 11:00 - 11:35            |
| 19.09.2023   | 11:35 - 12:00            |
| 26.09.2023   | 09:15 - 09:50            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 10:25 - 11:00            |
| 17.10.2023   | 11:00 - 11:35            |
| 24.10.2023   | 11:35 - 12:00            |
| 31.10.2023   | 09:15 - 09:50            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 4<br/>Zeit</b> |
| 31.01.2023   | 10:25 - 11:00            |
| 07.02.2023   | 11:00 - 11:35            |
| 14.02.2023   | 11:35 - 12:00            |
| 21.02.2023   | 09:15 - 09:50            |
| 28.02.2023   | 09:50 - 10:25            |
| 07.03.2023   | 10:25 - 11:00            |
| 14.03.2023   | 11:00 - 11:35            |
| 21.03.2023   | 11:35 - 12:00            |
| 28.03.2023   | 09:15 - 09:50            |
| 04.04.2023   | 09:50 - 10:25            |
| 11.04.2023   | 10:25 - 11:00            |
| 18.04.2023   | 11:00 - 11:35            |
| 25.04.2023   | 11:35 - 12:00            |
| 02.05.2023   | 09:15 - 09:50            |
| 09.05.2023   | 09:50 - 10:25            |
| 16.05.2023   | 10:25 - 11:00            |
| 23.05.2023   | 11:00 - 11:35            |
| 30.05.2023   | 11:35 - 12:00            |
| 06.06.2023   | 09:15 - 09:50            |
| 13.06.2023   | 09:50 - 10:25            |
| 20.06.2023   | 10:25 - 11:00            |
| 27.06.2023   | 11:00 - 11:35            |
| 04.07.2023   | 11:35 - 12:00            |
| 11.07.2023   | 09:15 - 09:50            |
| 18.07.2023   | 09:50 - 10:25            |
| 25.07.2023   | 10:25 - 11:00            |
| 01.08.2023   | 11:00 - 11:35            |
| 08.08.2023   | 11:35 - 12:00            |
| 15.08.2023   | 09:15 - 09:50            |
| 22.08.2023   | 09:50 - 10:25            |
| 29.08.2023   | 10:25 - 11:00            |
| 05.09.2023   | 11:00 - 11:35            |
| 12.09.2023   | 11:35 - 12:00            |
| 19.09.2023   | 09:15 - 09:50            |
| 26.09.2023   | 09:50 - 10:25            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 11:00 - 11:35            |
| 17.10.2023   | 11:35 - 12:00            |
| 24.10.2023   | 09:15 - 09:50            |
| 31.10.2023   | 09:50 - 10:25            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 5<br/>Zeit</b> |
| 31.01.2023   | 11:00 - 11:35            |
| 07.02.2023   | 11:35 - 12:00            |
| 14.02.2023   | 09:15 - 09:50            |
| 21.02.2023   | 09:50 - 10:25            |
| 28.02.2023   | 10:25 - 11:00            |
| 07.03.2023   | 11:00 - 11:35            |
| 14.03.2023   | 11:35 - 12:00            |
| 21.03.2023   | 09:15 - 09:50            |
| 28.03.2023   | 09:50 - 10:25            |
| 04.04.2023   | 10:25 - 11:00            |
| 11.04.2023   | 11:00 - 11:35            |
| 18.04.2023   | 11:35 - 12:00            |
| 25.04.2023   | 09:15 - 09:50            |
| 02.05.2023   | 09:50 - 10:25            |
| 09.05.2023   | 10:25 - 11:00            |
| 16.05.2023   | 11:00 - 11:35            |
| 23.05.2023   | 11:35 - 12:00            |
| 30.05.2023   | 09:15 - 09:50            |
| 06.06.2023   | 09:50 - 10:25            |
| 13.06.2023   | 10:25 - 11:00            |
| 20.06.2023   | 11:00 - 11:35            |
| 27.06.2023   | 11:35 - 12:00            |
| 04.07.2023   | 09:15 - 09:50            |
| 11.07.2023   | 09:50 - 10:25            |
| 18.07.2023   | 10:25 - 11:00            |
| 25.07.2023   | 11:00 - 11:35            |
| 01.08.2023   | 11:35 - 12:00            |
| 08.08.2023   | 09:15 - 09:50            |
| 15.08.2023   | 09:50 - 10:25            |
| 22.08.2023   | 10:25 - 11:00            |
| 29.08.2023   | 11:00 - 11:35            |
| 05.09.2023   | 11:35 - 12:00            |
| 12.09.2023   | 09:15 - 09:50            |
| 19.09.2023   | 09:50 - 10:25            |
| 26.09.2023   | 10:25 - 11:00            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 11:35 - 12:00            |
| 17.10.2023   | 09:15 - 09:50            |
| 24.10.2023   | 09:50 - 10:25            |
| 31.10.2023   | 10:25 - 11:00            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 6<br/>Zeit</b> |
| 24.01.2023   | 12:40 - 13:10            |
| 31.01.2023   | 13:10 - 13:40            |
| 07.02.2023   | 13:40 - 14:10            |
| 14.02.2023   | 14:10 - 14:30            |
| 21.02.2023   | 12:40 - 13:10            |
| 28.02.2023   | 13:10 - 13:40            |
| 07.03.2023   | 13:40 - 14:10            |
| 14.03.2023   | 14:10 - 14:30            |
| 21.03.2023   | 12:40 - 13:10            |
| 28.03.2023   | 13:10 - 13:40            |
| 04.04.2023   | 13:40 - 14:10            |
| 11.04.2023   | 14:10 - 14:30            |
| 18.04.2023   | 12:40 - 13:10            |
| 25.04.2023   | 13:10 - 13:40            |
| 02.05.2023   | 13:40 - 14:10            |
| 09.05.2023   | 14:10 - 14:30            |
| 16.05.2023   | 12:40 - 13:10            |
| 23.05.2023   | 13:10 - 13:40            |
| 30.05.2023   | 13:40 - 14:10            |
| 06.06.2023   | 14:10 - 14:30            |
| 13.06.2023   | 12:40 - 13:10            |
| 20.06.2023   | 13:10 - 13:40            |
| 27.06.2023   | 13:40 - 14:10            |
| 04.07.2023   | 14:10 - 14:30            |
| 11.07.2023   | 12:40 - 13:10            |
| 18.07.2023   | 13:10 - 13:40            |
| 25.07.2023   | 13:40 - 14:10            |
| 01.08.2023   | 14:10 - 14:30            |
| 08.08.2023   | 12:40 - 13:10            |
| 15.08.2023   | 13:10 - 13:40            |
| 22.08.2023   | 13:40 - 14:10            |
| 29.08.2023   | 14:10 - 14:30            |
| 05.09.2023   | 12:40 - 13:10            |
| 12.09.2023   | 13:10 - 13:40            |
| 19.09.2023   | 13:40 - 14:10            |
| 26.09.2023   | 14:10 - 14:30            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 13:10 - 13:40            |
| 17.10.2023   | 13:40 - 14:10            |
| 24.10.2023   | 14:10 - 14:30            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 7<br/>Zeit</b> |
| 24.01.2023   | 13:10 - 13:40            |
| 31.01.2023   | 13:40 - 14:10            |
| 07.02.2023   | 14:10 - 14:30            |
| 14.02.2023   | 12:40 - 13:10            |
| 21.02.2023   | 13:10 - 13:40            |
| 28.02.2023   | 13:40 - 14:10            |
| 07.03.2023   | 14:10 - 14:30            |
| 14.03.2023   | 12:40 - 13:10            |
| 21.03.2023   | 13:10 - 13:40            |
| 28.03.2023   | 13:40 - 14:10            |
| 04.04.2023   | 14:10 - 14:30            |
| 11.04.2023   | 12:40 - 13:10            |
| 18.04.2023   | 13:10 - 13:40            |
| 25.04.2023   | 13:40 - 14:10            |
| 02.05.2023   | 14:10 - 14:30            |
| 09.05.2023   | 12:40 - 13:10            |
| 16.05.2023   | 13:10 - 13:40            |
| 23.05.2023   | 13:40 - 14:10            |
| 30.05.2023   | 14:10 - 14:30            |
| 06.06.2023   | 12:40 - 13:10            |
| 13.06.2023   | 13:10 - 13:40            |
| 20.06.2023   | 13:40 - 14:10            |
| 27.06.2023   | 14:10 - 14:30            |
| 04.07.2023   | 12:40 - 13:10            |
| 11.07.2023   | 13:10 - 13:40            |
| 18.07.2023   | 13:40 - 14:10            |
| 25.07.2023   | 14:10 - 14:30            |
| 01.08.2023   | 12:40 - 13:10            |
| 08.08.2023   | 13:10 - 13:40            |
| 15.08.2023   | 13:40 - 14:10            |
| 22.08.2023   | 14:10 - 14:30            |
| 29.08.2023   | 12:40 - 13:10            |
| 05.09.2023   | 13:10 - 13:40            |
| 12.09.2023   | 13:40 - 14:10            |
| 19.09.2023   | 14:10 - 14:30            |
| 26.09.2023   | 12:40 - 13:10            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 13:40 - 14:10            |
| 17.10.2023   | 14:10 - 14:30            |
| 24.10.2023   | 12:40 - 13:10            |

| <b>Dortmunder Tafel e.V.<br/>Osterlandwehr 31 - 35</b> |                          |
|--|--------------------------|
| <b>Dienstag<br/>Datum</b>                              | <b>Gruppe 8<br/>Zeit</b> |
| 24.01.2023   | 13:40 - 14:10            |
| 31.01.2023   | 14:10 - 14:30            |
| 07.02.2023   | 12:40 - 13:10            |
| 14.02.2023   | 13:10 - 13:40            |
| 21.02.2023   | 13:40 - 14:10            |
| 28.02.2023   | 14:10 - 14:30            |
| 07.03.2023   | 12:40 - 13:10            |
| 14.03.2023   | 13:10 - 13:40            |
| 21.03.2023   | 13:40 - 14:10            |
| 28.03.2023   | 14:10 - 14:30            |
| 04.04.2023   | 12:40 - 13:10            |
| 11.04.2023   | 13:10 - 13:40            |
| 18.04.2023   | 13:40 - 14:10            |
| 25.04.2023   | 14:10 - 14:30            |
| 02.05.2023   | 12:40 - 13:10            |
| 09.05.2023   | 13:10 - 13:40            |
| 16.05.2023   | 13:40 - 14:10            |
| 23.05.2023   | 14:10 - 14:30            |
| 30.05.2023   | 12:40 - 13:10            |
| 06.06.2023   | 13:10 - 13:40            |
| 13.06.2023   | 13:40 - 14:10            |
| 20.06.2023   | 14:10 - 14:30            |
| 27.06.2023   | 12:40 - 13:10            |
| 04.07.2023   | 13:10 - 13:40            |
| 11.07.2023   | 13:40 - 14:10            |
| 18.07.2023   | 14:10 - 14:30            |
| 25.07.2023   | 12:40 - 13:10            |
| 01.08.2023   | 13:10 - 13:40            |
| 08.08.2023   | 13:40 - 14:10            |
| 15.08.2023   | 14:10 - 14:30            |
| 22.08.2023   | 12:40 - 13:10            |
| 29.08.2023   | 13:10 - 13:40            |
| 05.09.2023   | 13:40 - 14:10            |
| 12.09.2023   | 14:10 - 14:30            |
| 19.09.2023   | 12:40 - 13:10            |
| 26.09.2023   | 13:10 - 13:40            |
| 03.10.2023   | <b>Feiertag</b>          |
| 10.10.2023   | 14:10 - 14:30            |
| 17.10.2023   | 12:40 - 13:10            |
| 24.10.2023   | 13:10 - 13:40            |

**Dortmunder Tafel e.V.**  
**Osterlandwehr 31 - 35**

| <b>Dienstag</b><br><b>Datum</b> | <b>Gruppe 9</b><br><b>Zeit</b> |
|---------------------------------|--------------------------------|
| 24.01.2023                      | <b>14:10</b> - 14:30           |
| 31.01.2023                      | 12:40 - 13:10                  |
| 07.02.2023                      | 13:10 - 13:40                  |
| 14.02.2023                      | 13:40 - 14:10                  |
| 21.02.2023                      | <b>14:10</b> - 14:30           |
| 28.02.2023                      | 12:40 - 13:10                  |
| 07.03.2023                      | 13:10 - 13:40                  |
| 14.03.2023                      | 13:40 - 14:10                  |
| 21.03.2023                      | <b>14:10</b> - 14:30           |
| 28.03.2023                      | 12:40 - 13:10                  |
| 04.04.2023                      | 13:10 - 13:40                  |
| 11.04.2023                      | 13:40 - 14:10                  |
| 18.04.2023                      | <b>14:10</b> - 14:30           |
| 25.04.2023                      | 12:40 - 13:10                  |
| 02.05.2023                      | 13:10 - 13:40                  |
| 09.05.2023                      | 13:40 - 14:10                  |
| 16.05.2023                      | <b>14:10</b> - 14:30           |
| 23.05.2023                      | 12:40 - 13:10                  |
| 30.05.2023                      | 13:10 - 13:40                  |
| 06.06.2023                      | 13:40 - 14:10                  |
| 13.06.2023                      | <b>14:10</b> - 14:30           |
| 20.06.2023                      | 12:40 - 13:10                  |
| 27.06.2023                      | 13:10 - 13:40                  |
| 04.07.2023                      | 13:40 - 14:10                  |
| 11.07.2023                      | <b>14:10</b> - 14:30           |
| 18.07.2023                      | 12:40 - 13:10                  |
| 25.07.2023                      | 13:10 - 13:40                  |
| 01.08.2023                      | 13:40 - 14:10                  |
| 08.08.2023                      | <b>14:10</b> - 14:30           |
| 15.08.2023                      | 12:40 - 13:10                  |
| 22.08.2023                      | 13:10 - 13:40                  |
| 29.08.2023                      | 13:40 - 14:10                  |
| 05.09.2023                      | <b>14:10</b> - 14:30           |
| 12.09.2023                      | 12:40 - 13:10                  |
| 19.09.2023                      | 13:10 - 13:40                  |
| 26.09.2023                      | 13:40 - 14:10                  |
| 03.10.2023                      | <b>Feiertag</b>                |
| 10.10.2023                      | 12:40 - 13:10                  |
| 17.10.2023                      | 13:10 - 13:40                  |
| 24.10.2023                      | 13:40 - 14:10                  |